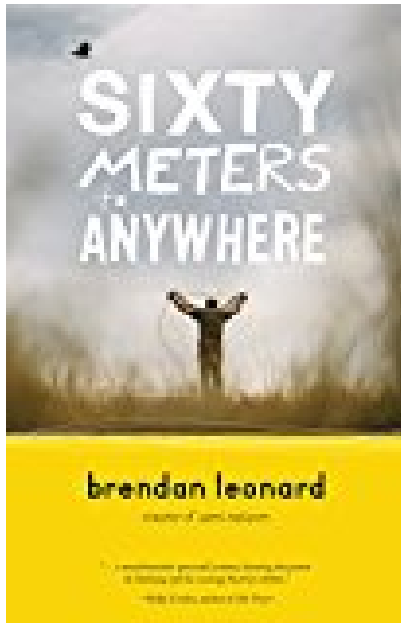


Sixty Meters to Anywhere



BOOK DETAILS

- Author : Brendan Leonard
- Pages : 208 Pages
- Publisher : Mountaineers Books
- Language : English
- ISBN : 1680510401

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BOOK SYNOPSIS

• The author is a popular journalist and blogger and the creator of Semi-rad.com • A full journey—from confusion to clarity, remorse to redemption • Will appeal to those searching for adventure and purpose

When Brendan Leonard finished substance abuse treatment at age 23, he was lost. He knew what not to do—not drink alcohol and not get arrested again. But no one had told him what it was that he could do. He quickly realized that he had to reinvent himself, to find something other than alcohol and its social constructions to build his life around. A few years later, Brendan was sober and had completed a graduate degree in journalism, but he still felt he was treading water, searching for direction. Then his brother gave him a climbing rope. And along that sixty-meter lifeline, Brendan gradually found redemption in the crags of the American West. He became a climber, someone who learned to push past fear, to tough it out during long, grueling days in the mountains; someone who supported his partners, keeping them safe in dangerous situations and volatile environments; someone with confidence, purpose, and space to breathe. *Sixty Meters to Anywhere* is the painfully honest story of a life changed by climbing, and the sometimes nervous, sometimes nerve-wracking, and often awkward first years of recovery. In the mountains, Leonard ultimately finds a second chance.

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