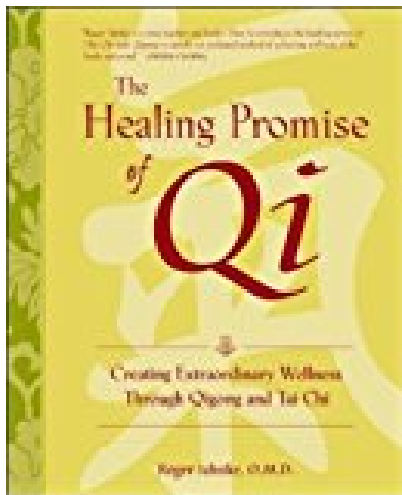


The Healing Promise of Qi Creating Extraordinary Wellness Through Qigong and Tai Chi



BOOK DETAILS

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BOOK SYNOPSIS

An internationally respected doctor of Chinese medicine and author of the bestselling "The Healer Within" clearly and simply explains the concepts of qigong. 125 illustrations.

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